



Indian Institute of Technology Kanpur



INSTITUTE LECTURE SERIES

November 09, 2023 (Thursday) | 6.00 pm | L - 17

Exploring Deep Science in Patanjali Yoga Sutras

Speaker: Dr. Anil K. Rajvanshi



Anil K. Rajvanshi is a spiritual engineer. After his graduation in mechanical engineering from IIT Kanpur in early 1970s he went to U.S. for higher studies. In 1981, He came back to India. In the process of developing renewable energy technologies for rural areas he discovered himself and the great spiritual traditions of India.

He runs a small rural NGO called Nimbkar Agricultural Research Institute in Phaltan, Maharashtra and does R&D in renewable energy, rural and sustainable development. For his work on renewable energy and sustainable development he has won many prestigious national and international awards. In 2022 he was given one of India's highest civilian award – Padma Shri.

He also has a passion of writing articles on the inter play of spirituality and technology and has published more than 200 articles in various newspapers and news lines (Times of India, Huffington Post, Thrive Global, South Asia Monitor, among others).

He is passionate about teaching youngsters and gives inspirational lectures all over India and abroad.

Abstract of the talk

Patanjali Yoga Sutra is the oldest book on Yoga. According to the speaker, Patanjali was a true scientist who gave the first knowledge about the control of thought and mind and about universal laws governing time and space. Yoga sutra is basically a book of life or how to maximize your living potential. The most important lesson it teaches in a scientific manner is how to make the mind (the instrument of comprehension) very powerful so that it can comprehend any secret of the Universe.

Unfortunately till now none of the commentaries on Yoga Sutras have explored them through the lens of science. The talk will show deep science buried in these sutras and how exploring them through modern science they possibly reveal hidden gems of unexplored wonders of the world.

All are cordially invited to attend

Office of Dean Research & Development